



DEER RUN CAMPS & RETREATS

FAMILY CAMP: WHAT TO PACK

RECREATIONAL ITEMS

○ FISHING EQUIPMENT AND BAIT IF YOU PLAN TO FISH

- Fishing is catch and release bank fishing at Spring Valley Lake.
- Fishing is not allowed in the swim area or from the docks.
- Some basic fishing equipment is available at The Camp Store.
- Fish include large mouth and hybrid striped bass, catfish, and bluegill.

○ ROLLERBLADES, BIKES, SCOOTERS, SKATEBOARDS

- Optional to bring these for your family.
- Bring appropriate safety equipment such as helmets, knee pads, etc. Helmets are required for age 16 & under.
- Children must be supervised by an adult while riding.
- No riding on sidewalks! Use extreme caution while riding on our steep hills and over speed bumps.

CLOTHING & MORE

- **CASUAL CLOTHING** for outdoor activities and games.
- **ATHLETIC SHOES OR HIKING BOOTS** which are required for some Guided Recreation activities. See info that follows.
- **TOILETRY/PERSONAL ITEMS.** Basic toiletries (soap and shampoo) are in your guest room. Some toiletry items are available for purchase at The Camp Store.
- **SWIMSUIT, BEACH TOWEL, SUNSCREEN, WATER SHOES.**
 - Swimsuits should be modest. Women and girls must wear a one-piece, a tankini, or wear a dark t-shirt over two-piece swimsuits.
 - **Wet Willie Waterslide weight limit is 250 lbs.** Swimsuits cannot have metal or plastic zippers nor grommets or metal of any kind since these damage the fabric on the waterslide. Guests with these will not be allowed to go down the waterslide. No exceptions.
- **SAND TOYS** (optional) for Spring Valley Lake
- **GLOW STICKS/NECKLACES** (optional) for Glow Dance Party
- **BOARD GAMES & PUZZLES** to play in your room
- **INSECT REPELLENT** for wooded areas & nighttime activities
- **RAIN GEAR** and umbrellas depending on weather
- **FLASHLIGHT** and extra batteries
- **CAMERA** (or phone) to capture memorable moments
- **BIBLE**
- **SNACKS**
- **CASH/COINS** for the cash-only drink vending machines

SNACKS & DRINKS

Snacks and drinks are available in The Camp Store & Eatery. However, you may bring personal drinks and snacks to store in the shared refrigerator on the backporch of The Lodge.

MONEY FOR CAMP STORE

- Bring money or a credit card for Camp Store purchases.
- Or purchase Camp Bucks by logging into your online account. See next page for more info. This allows you to make purchases without needing to carry your wallet.

WHAT NOT TO PACK

- alcoholic beverages, illegal drugs, firearms or fireworks
- clothing with offensive language or promoting persons, bands or products which are offensive
- chewing or bubble gum since it damages property
- anything of value [Deer Run is not responsible for lost or stolen items.]

LAKES & POOL

- The lakes and pool are open for Family Camp attendees only during hours on the Family Camp schedule.
- Lifejackets are **REQUIRED** to be worn by each participant for all lake and pool activities regardless of swimming ability.
- For children age 3 and under, bring a certified life jacket. Deer Run provides lifejackets for participants ages 4 and up.
- Bank fishing does not require a lifejacket.

GUIDED RECREATION: CLIMBING TOWER, GIANT SWING, PEDAL KARTS, & ZIP LINES

Children must be able to fit safely in the harness.

- **Giant Swing weight limit is 275 lbs.**
- **Zip Line Adventures weight limits are 60 lbs minimum and 250 lbs maximum.**
- Sturdy shoes such as athletic shoes or hiking boots are **REQUIRED** for safety reasons.
- **NOT allowed:** flip flops, sandals or open toe shoes.
- Shorts or loose-fitting pants or are recommended for ease of movement.



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FAMILY CAMP: FAQs

IS EVERYTHING SCHEDULED OR DO WE HAVE FREE TIME?

Although there are scheduled activities, there are also blocks of free time for families to choose what they want to do.

ARE VISITORS ALLOWED?

ONLY registered, paid participants are allowed on Deer Run property. Visitors are not allowed due to our extra precautions in keeping guests safe and healthy. We must limit the people who are on the property and in the facilities.

WHAT IS DEER RUN'S RESPONSE TO THREATENING WEATHER?

Deer Run staff has your safety in mind. Normally, all scheduled recreation and activities take place regardless of weather conditions. In case of inclement weather, our staff may need to make adjustments to the schedule or to the facility where an activity is taking place.

FOOD ALLERGIES OR DIETARY REQUESTS

Deer Run cannot accommodate ALL allergies and dietary restrictions; and we cannot prevent, nor guarantee, a cross-contamination-free environment.

Our food service team will make every effort to accommodate certain food allergies and dietary restrictions, but doing so is at the discretion of our food service director and may require an additional fee for special food purchases. Individuals with extreme allergies are encouraged to bring their own food.

In order for us to best accommodate food allergies or dietary restrictions, these needs must be communicated to Guest Relations no later than 2 weeks prior to your arrival by calling 615.794.2918 or emailing Contact@DeerRun.camp.

WHAT ARE CAMP BUCKS? HOW ARE THEY USED AT THE CAMP STORE & EATERY?

Camp Bucks are an easy way to pay at The Camp Store & Eatery to purchase drinks, snacks, merchandise, or apparel without having to carry around cash or a credit card.

Purchase Camp Bucks in your online account. Purchases are charged against the total of Camp Bucks in your account. If you do not have enough money in your account, you will need to have cash or a credit card.

Any unused camp store bucks in the amount of \$10.00 or more are refunded to the credit card or e-check we have on file within one week from the end of camp. You may also choose to make a tax-deductible donation of the full amount of your camp store balance. Any unused camp store balances \$9.99 and under are automatically applied as a tax-deductible donation.

DOES DEER RUN HAVE LAUNDRY FACILITIES AVAILABLE FOR GUESTS?

Unfortunately, we do not offer laundry services at this time. Pack enough clothing for your 2-night adventure. If needed, there is a laundromat 15 minutes from Deer Run in Franklin, TN.



IS DEER RUN AFFILIATED WITH A SPECIFIC DENOMINATION?

Deer Run is a 501(c)(3) nonprofit, nondenominational Christian ministry and is not owned, governed, or funded by a church or church organization.

Deer Run has a volunteer board of directors and is funded through user fees and tax deductible donations.